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Personal Information:

Name	Hala Adel Mohamed El-Nawawy	
Position	Lecturer, Department of Clothing and Textiles – Faculty of Home Economics – Helwan University	
National ID Number		
Date of Birth	October 20, 1993	
Address	Shibin El-Qanater – Qalyubia Governorate	
Nationality	Egyptian	
Religion	Muslim	
Marital Status	Married	
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Academic Qualifications :

Degree	Date	Faculty	Specialization	Granting Institution	Country
B.Sc.	May 2016	Home Economics	Clothing and Textiles	Helwan University – Faculty of Home Economics – Dept. of	Arab Republic of Egypt

				Clothing and Textiles	
M.Sc.	October 2020	Home Economics	Fashion Design	Helwan University – Faculty of Home Economics – Dept. of Clothing and Textiles	Arab Republic of Egypt
Ph.D.	January 2025	Home Economics	Fashion Design	Helwan University – Faculty of Home Economics – Dept. of Clothing and Textiles	Arab Republic of Egypt

Academic Theses :

Degree	Thesis Title
M.Sc.	Clothing design with energy science methodologies to improve the bioenergy of individuals(2020)
Ph.D.	Synthesis of "Bamboo" Work to Enhance Creativity in Design on Mannequin for Women's Fashion(2024)

Career Progression:

- Teaching Assistant, Department of Clothing and Textiles – Faculty of Home Economics – Helwan University (2017)
- Assistant Lecturer, Department of Clothing and Textiles – Faculty of Home Economics – Helwan University (2020)
- Lecturer, Department of Clothing and Textiles – Faculty of Home Economics – Helwan University (2025)

List of Scientific Research Papers :

Research Paper (1)	
Research Title (in Arabic)	تصميم الملابس بمنهجيات علوم الطاقة
Research Title (in English)	Clothing Design with Energy Science Methodologies
Participants	Prof. Iman Abdelsalam Abdelkader / Assoc. Prof. Mohamed Samir El-Sawy / Hala Adel Mohamed El-Nawawy
Place and Date of Publication	Faculty of Specific Education – Fayoum University, Scientific Journal of Specific Education and Applied Sciences (ISSN: 2682-3101), Published on 09/02/2020
Research Paper (2)	
Research Title (in Arabic)	تأثير القيم الجمالية لشغل "الخيزران" على تصميم ملابس معاصرة للنساء على المانيكان
Research Title (in English)	The Influence of the Aesthetic Values of the 'Bamboo' Work on the Design of Contemporary Clothes for Women on the Mannequin
Participants	Prof. Nagwa Shoukry Mohamed Momen / Prof. Hanan Nabih El-Zeftawy / Assistant Lecturer Hala Adel Mohamed El-Nawawy
Place and Date of Publication	International Journal of Design and Fashion Studies, Vol. 7, Issue (1), June 2024, pp. 142–193
Research Paper (3)	
Research Title (in Arabic)	توليف شغل "الخيزران" لتعزيز الإبداع في التصميم على المانيكان لأزياء النساء
Research Title (in English)	Synthesis of 'Bamboo' Work to Promote Creativity in Design on Mannequins for Women's Fashion
Participants	Prof. Nagwa Shoukry Mohamed Momen / Prof. Hanan Nabih El-Zeftawy / Assistant Lecturer Hala Adel Mohamed El-Nawawy
Place and Date of Publication	International Designs Journal – Vol. 14 – Issue (3), pp. 87–122

Committee and Unit Participation:

- Member of the Egyptian Society for Home Economics (2025)
- Member of the Faculty Staff Club at Helwan University
- Participated in the activities of the Library Committee at the Faculty during the academic year 2019–2020
- Member of the First-Year Examination Control Committee for the academic year 2024–2025
- Member of the Training Unit at the Faculty of Home Economics, Helwan University, since 2018 to present
- Member of the IT Unit at the Faculty of Home Economics, Helwan University, from 2020 to 2023
- Member of the Crisis and Disaster Management Unit at the Faculty of Home Economics, Helwan University (2025)

Other Scientific Activities:

- Participated in organizing exhibitions of student products and designs.
- Organized the exhibition held alongside the 7th Environmental Forum of the Faculty of Home Economics, titled “The Role of Technical Education in Supporting Sustainable Development in Africa,” held at the faculty from April 7 to 9, 2019.
- Participated in the preparation of course schedules.
- Participated in student activities at the undergraduate level.

Conference Participation:

- Participated in scientific conferences organized by the faculty.
- Attended the 3rd International Scientific Conference for Home Economics – Helwan University, and actively contributed with an applied research paper in the conference titled “Modern Trends in Scientific Research – A Developmental Vision”, held from May 4 to 6, 2015.

Participation in Quality Assurance Activities at the Faculty:

- Member of the Financial and Material Resources Standards Committee at the Faculty of Home Economics since 2021 to present.
- Participated as a member of the review committees for course and program specifications and reports of the Department of Clothing and Textiles during the academic year 2020–2021.
- Participated as a member of the committees responsible for analyzing student survey responses regarding their evaluation of courses and faculty members.

Workshops Attended:

- Attended a workshop titled “Sustainable Fashion and Waste Reduction in the Apparel Industry”, held within the Rediscovery Project in collaboration with the Design and Fashion Center (affiliated with the Center for Technology and Innovation), Filmar Nile Cotton (Italy), and the Bank of Alexandria.
- Attended a workshop titled “Customer Service Skills” on May 24, 2025 – organized by the International Academy for Studies and Human Sciences in cooperation with the International Organization for Entrepreneurship and Women Empowerment.
- Attended a workshop titled “The Role of Women in Arab Culture” on May 20, 2025 – organized by the International Academy for Studies and Human Sciences, in cooperation with the International Organization for Entrepreneurship and Women Empowerment.
- Attended a program titled “The Philosophy of Women in Managing State Institutions” from May 2–5, 2025 – organized by the International Academy for Studies and Human Sciences.
- Attended a workshop titled “Training Package Preparation” on May 2, 2025 – organized by the International Academy for Studies and Human Sciences, in cooperation with the International Organization for Entrepreneurship and Women Empowerment.
- Attended a workshop titled “The Diplomatic Personality of Women” on March 20, 2025 – organized by the International

Academy for Studies and Human Sciences, in cooperation with the International Organization for Entrepreneurship and Women Empowerment.

- Attended a workshop titled “The Role of Women in Developing Civil Society” on March 24, 2025 – organized by the International Academy for Studies and Human Sciences, in cooperation with the International Organization for Entrepreneurship and Women Empowerment.
- Attended a workshop titled “The Role of Women in Combating Cybercrime” on March 27, 2025 – organized by the International Academy for Studies and Human Sciences, in cooperation with the International Organization for Entrepreneurship and Women Empowerment.
- Attended a workshop titled “The Role of Women in the Tourism Sector” on April 25, 2025 – organized by the International Academy for Studies and Human Sciences, in cooperation with the International Organization for Entrepreneurship and Women Empowerment.
- Attended a workshop titled “Women and Social Issues (Divorce Problem)” on April 9, 2025 – organized by the International Academy for Studies and Human Sciences, in cooperation with the International Organization for Entrepreneurship and Women Empowerment.

Training Courses:

- Successfully completed the “ICDL VER.5” training course (July 17 – August 11, 2016) at the Faculty of Home Economics – Helwan University.
- “Merchandising: Basic Concept of Fashion” course (August 1–3, 2017) at the Faculty of Home Economics – Helwan University.
- “Costing and Pricing” course (August 6–10, 2017) at the Faculty of Home Economics – Helwan University.

- Faculty Development Course: “Writing Research Proposals and Academic Theses” (September 27–28, 2017) at Helwan University.
- TOEFL Certificate (October 17, 2017) – Ain Shams University.
- Faculty Development Course: “Exam Systems and Student Assessment” (February 25–26, 2018) – Helwan University.
- Faculty Development Course: “Credit Hour System” (June 12–13, 2018) – Helwan University.
- Faculty Development Course: “Academic Advising” (June 26–27, 2018) – Helwan University.
- Faculty Development Course: “Local and International Competitive Research Projects” (July 18–19, 2018) – Helwan University.
- “Fashion Design Using Computer Software” course (September 3–13, 2018) at the Faculty of Home Economics – Helwan University.
- Faculty Development Course: “Applied Statistics” (November 7–8, 2018) – Helwan University.
- “University Instructor Preparation” course (December 23–26, 2020) – Faculty of Education, Helwan University.
- Faculty Development Course: “Research Team Management” (August 14–15, 2022) – Helwan University.
- Faculty Development Course: “Crisis and Disaster Management” (August 16–17, 2022) – Helwan University.
- Faculty Development Course: “Research Ethics” (August 21–22, 2022) – Helwan University.
- Faculty Development Course: “Microsoft Teams” (August 28–29, 2022) – Helwan University.
- Faculty Development Course: “Thinking Strategies in Positive Psychology” (September 11–12, 2022) – Helwan University.
- Obtained the “Fundamentals of Digital Transformation Certificate (FDTC)” (September 10 – October 10, 2022) – Information Technology Center, Helwan University.

- “Interdisciplinary Research in the Field of Specialization” course (April 26, 2025) – Training Unit, Faculty of Home Economics – Helwan University.

Community Service and Environmental Development Activities:

- Taught the course “Principles and Basics of Draping on the Mannequin” during the period from July 10 to 20, 2018 – Training Unit, Faculty of Home Economics – Helwan University.
- Taught the course “Principles and Basics of Draping on the Mannequin” during the period from July 7 to 27, 2018 – Training Unit, Faculty of Home Economics – Helwan University.
- Taught the course “Advanced Techniques in Draping on the Mannequin” during the period from December 24 to 31, 2019 – Training Unit, Faculty of Home Economics – Helwan University.
- Taught the course “Advanced Techniques in Draping on the Mannequin – Wedding Dress” during the period from June 20 to August 20, 2025 – Training Unit, Faculty of Home Economics – Helwan University.

Undergraduate Practical Teaching Experience :

Course Title	Practical Hours	Level / Department
Principles of Art and Design	4	2nd Year – Clothing and Textiles
Children’s Fashion Design	4	2nd Year – Clothing and Textiles
Women’s Fashion Design	4	3rd Year – Clothing and Textiles
Men’s Fashion Design	4	3rd Year – Clothing and Textiles
Occasion Wear Design	4	4th Year – Clothing and Textiles
Expressive Fashion Design	4	4th Year – Clothing and Textiles
Mannequin Preparation Technology	4	3rd Year – Clothing and Textiles
Draping on the Mannequin 1	6	4th Year – Clothing and Textiles
Draping on the Mannequin 2	6	4th Year – Clothing and Textiles

Skills:

Computer Skills:

- Proficient in using computer programs (Word, Excel, PowerPoint).
- Proficient in using the Internet.

Languages:

- Excellent command of Arabic with strong writing skills.
- Intermediate level in English.